

CONTENTS

7 Introduction

Chapter 1 – **Physiology**

11 1.1 Overview

12 1.2 Breathing

15 1.3 Voice classification

19 1.4 Voice classification according to García

Chapter 2 – **Emission**

21 2.1 Overview

22 2.2 Scales for controlling the voice (Pellegrini Celoni)

25 2.3 Scales for forming the voice (Pellegrini Celoni)

31 2.4 *Messa di voce*

33 2.5 *Messa di voce* exercises (Pellegrini Celoni)

33 2.6 Attacking the sound

Chapter 3 – **Posture**

35 3.1 Overview – Position of mouth and tongue

37 3.2 Forming the vowels

37 3.3 Exercises from the MCP

Chapter 4 – **Registers**

47 4.1 Overview

51 4.2 Merging the registers

52 4.3 Exercises for merging the registers (García, Pellegrini Celoni)

56 4.4 Timbre

Chapter 5 – **Embellishments**

59 5.1 *Portamento di voce*

60 5.2 Portamento exercises (Pellegrini Celoni)

61 5.3 Accent

63	5.4 Trill – <i>Groppo</i>
67	5.5 <i>Ribattuto</i> exercise (García)
68	5.6 Trill exercises (Pellegrini Celoni)
69	5.7 Scales for training the trill
72	5.8 Appoggiatura
73	5.9 Appoggiatura exercises (Pellegrini Celoni)
74	5.10 <i>Gruppetto</i> – Mordent
75	5.11 Mordent exercises (Pellegrini Celoni)
76	5.12 <i>Volatina</i>
77	5.13 <i>Volatina</i> exercises (MCP)

Chapter 6 – Passages

79	6.1 Overview
80	6.2 Rubato
80	6.3 Singing <i>di gorgia</i>
84	6.4 Exercises from Bovicelli
88	6.5 Exercises from Rognoni

Chapter 7 – Madrigal *a voce sola*

89	7.1 Overview
91	7.2 Strophe aria
92	7.3 Illustrated plates from Caccini

Chapter 8 – Recitative

103	8.1 Recitative style in the early 17 th century
104	8.2 <i>Sprezzatura</i>
104	8.3 Recitative in the 18 th century

Chapter 9 – Agility

107	9.1 Overview
107	9.2 <i>Martellato</i>
107	9.3 <i>Arpeggiato</i>
108	9.4 <i>Cantar di sbalzo</i>
109	9.5 Agility exercises (Pellegrini Celoni)
114	9.6 Arpeggio exercise (Lablache)

Chapter 10 – Solfeggio

- 117 10.1 Overview
- 117 10.2 Vocalisation
- 119 10.3 Pronunciation and articulation
- 119 10.4 Aprile's *Solfeggi*

Chapter 11 – Cadenza

- 141 11.1 Overview
- 142 11.2 Exercises (Pellegrini Celoni)
- 143 11.3 *Fermata*
- 143 11.4 Examples (Pellegrini Celoni)

Chapter 12 – Aria

- 145 12.1 Overview
- 146 12.2 Cantabile
- 146 12.3 Andante
- 146 12.4 Allegro
- 146 12.5 Agitato
- 147 12.6 Aria *parlante*
- 147 12.7 Rondò
- 147 12.8 Cavatina

Chapter 13 – Vibrato and top C from the chest

- 149 13.1 Vibrato
- 151 13.2 Top C from the chest

- 153 Bibliography
- 157 Glossary